

# Patient Information Sheet

| Name:   |        |            |         |  |
|---|--------|------------|---------|--|
| Date of Birth:  | _Age:  | Sex:       | Race:   |  |
| Address:  |        |            |         |  |
| Сіtу:   | State: | Zi         | p code: |  |
| Phone #:  | Ce     | ell 🗌 Home |         |  |
| Email address:  |        |            |         |  |
| Emergency contact:  |        | Phone #:   |         |  |
| Primary care doctor:  |        | Phone #:   |         |  |
| May we contact your primary care doctor regarding your trial participation? |        |            |         |  |

#### **Consent for treatment**

I grant permission for The Diabetes and Thyroid Center of Fort Worth to review any of my medical records, perform any tests, administer medications or perform any diagnostic testing as deemed necessary relating to specific trial protocol that I will be enrolled for.

| Subject signature: | Date: |
|--------------------|-------|
|--------------------|-------|



| Name:                                  |      | Date of Birth: |     |
|--|------|----------------|-----|
| PERSONAL MEDICAL HISTORY               |      |                |     |
| Have you been diagnosed with Diabetes? | ☐ Ye | es 🗌 No        |     |
| Type of Diabetes: (Type 1 or Type      | e 2) |                |     |
| Date of Diagnosis:                     |      |                |     |
| Have you had any surgeries?            | 🗌 Ye | es 🗌 No        |     |
| Surgery                                |      | Y              | ear |
|  |      |                |     |
|  |      |                |     |
|  |      |                |     |
|  |      |                |     |
|  |      |                |     |
|  |      |                |     |
|  |      |                |     |

List medications you have taken in the last year (if stopped, please include stop date)

## Include diabetic medications

| Medication | Dose & frequency | Date started/stopped | Reason for taking |
|------------|------------------|----------------------|-------------------|
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |
|            |                  |                      |                   |

Are you allergic to any medications?

*If yes, please list the medication and reaction below* 

| Medication | Reaction |
|------------|----------|
|            |          |
|            |          |
|            |          |
|            |          |
|            |          |

### **Review of Systems**

| EARS, NOSE & THROAT               | Yes | No | Start Date | Medication for Condition |
|-----------------------------------|-----|----|------------|--------------------------|
| Frequent ear infections           |     |    |            |                          |
| Allergies(chronic or seasonal)    |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |
| RESPIRATORY                       | Yes | No | Start Date | Medication for Condition |
| Asthma(past or present)           |     |    |            |                          |
| Tuberculosis(past or present)     |     |    |            |                          |
| Pneumonia(past or present)        |     |    |            |                          |
| Chronic cough                     |     |    |            |                          |
| Shortness of breath               |     |    |            |                          |
| Emphysema                         |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |
| CARDIOVASCULAR                    | Yes | No | Start Date | Medication for Condition |
| Heart murmur                      |     |    |            |                          |
| High blood pressure               |     |    |            |                          |
| Chest pain(past or present)       |     |    |            |                          |
| Chest tightness(past or present)  |     |    |            |                          |
| Heart attack                      |     |    |            |                          |
| Abnormal EKG(past or present)     |     |    |            |                          |
| Irregular heart rate(past or      |     |    |            |                          |
| present)                          |     |    |            |                          |
| Rapid heart rate(past or present) |     |    |            |                          |
| High cholesterol                  |     |    |            |                          |
| High triglycerides                |     |    |            |                          |
| Swollen ankles                    |     |    |            |                          |
| Aneurysm                          |     |    |            |                          |
| Stroke (MI, CABG, TIA)            |     |    |            |                          |
| Coronary Artery Disease           |     |    |            |                          |
| Peripheral Arterial Disease       |     |    |            |                          |
| Heart failure (specify class)     |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |

| Frequent heart burnFrequent indigestionGastroesophageal Reflux Disease(GERD)Frequent constipationFrequent diarrheaFrequent vomitingGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)Digestive disease   |     |    |            |                          |
|--|-----|----|------------|--------------------------|
| Frequent indigestionGastroesophageal Reflux Disease(GERD)Frequent constipationFrequent diarrheaFrequent vomitingGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)   |     |    |            |                          |
| Gastroesophageal Reflux Disease<br>(GERD)Gastroesophageal Reflux Disease<br>(GERD)Frequent constipationFrequent diarrheaFrequent diarrheaFrequent vomitingGallbladder diseaseGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)Frequent of past) |     |    |            |                          |
| (GERD)Frequent constipationFrequent diarrheaFrequent vomitingGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)  |     |    |            |                          |
| Frequent constipationFrequent diarrheaFrequent vomitingGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)  |     |    |            |                          |
| Frequent diarrheaFrequent vomitingGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)   |     |    |            |                          |
| Frequent vomitingGallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)  |     |    |            |                          |
| Gallbladder diseaseGallstones (current or past)Ulcers (where; current or past)Hepatitis (A, B and/ or C)   |     |    |            |                          |
| Ulcers (where; current or past)<br>Hepatitis (A, B and/ or C)  |     |    |            |                          |
| Ulcers (where; current or past)<br>Hepatitis (A, B and/ or C)  |     |    |            |                          |
| Hepatitis (A, B and/ or C)   |     |    |            |                          |
|  |     |    |            |                          |
|  |     |    |            |                          |
| Other:   |     |    |            |                          |
| other  |     |    |            |                          |
| GENITOURINARY  | Yes | No | Start Date | Medication for Condition |
| Pain when voiding  |     |    |            |                          |
| Frequent urination (past or  |     |    |            |                          |
| present)   |     |    |            |                          |
| Slowing of the urinary system  |     |    |            |                          |
| Sense of incomplete voiding  |     |    |            |                          |
| Blood in urine   |     |    |            |                          |
| Kidney stones (past or present)  |     |    |            |                          |
| Sexually transmitted disease (past   |     |    |            |                          |
| or present)  |     |    |            |                          |
| Diabetic nephropathy   |     |    |            |                          |
| Other:   |     |    |            |                          |
|  |     |    |            |                          |
| PSYCHIATRIC  | Yes | No | Start Date | Medication for Condition |
| General depression (past or  |     |    |            |                          |
| present)   |     |    |            |                          |
| Severe Depression (past or   |     |    |            |                          |
| present)   |     |    |            |                          |
| Anxiety  |     |    |            |                          |
| Bipolar  |     |    |            |                          |
| Other:   |     |    |            |                          |
|  |     |    |            |                          |
| ENDOCRINE/HORMONE  | Yes | No | Start Date | Medication for Condition |
| Low testosterone   |     |    |            |                          |
| Hypothyroidism   |     |    |            |                          |
| Graves' Disease  |     |    |            |                          |
| Thyroid nodules(benign/malignant;  |     |    |            |                          |
| past or present)   |     |    |            |                          |
| Pancreatitis   |     |    |            |                          |
| Other:   |     |    |            |                          |
|  |     |    |            |                          |

| MUSCULAR-SKELETAL                 | Yes | No | Start Date | Medication for Condition |
|-----------------------------------|-----|----|------------|--------------------------|
| Arthritis (indicate where)        |     |    |            |                          |
| Bursitis (indicate where)         |     |    |            |                          |
| Tendonitis                        |     |    |            |                          |
| Tennis Elbow                      |     |    |            |                          |
| Disk Disease                      |     |    |            |                          |
| Gout                              |     |    |            |                          |
| Back/Neck pain (indicate which)   |     |    |            |                          |
| Leg cramps                        |     |    |            |                          |
| Amputation (indicate where)       |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |
| NEUROLOGICAL                      | Yes | No | Start Date | Medication for Condition |
| Frequent headaches                |     |    |            |                          |
| Migraine headaches                |     |    |            |                          |
| Blurred vision (past or present)  |     |    |            |                          |
| Loss of vision (past or present)  |     |    |            |                          |
| Loss of speech (past or present)  |     |    |            |                          |
| Diabetic neuropathy               |     |    |            |                          |
| Seizures (past or present)        |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |
| SKIN                              | Yes | No | Start Date | Medication for Condition |
| Psoriasis (past or present)       |     |    |            |                          |
| Eczema (past or present)          |     |    |            |                          |
| Athlete's foots (past or present) |     |    |            |                          |
| Wound or ulcer(past or present)   |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |
| IMMUNE SYSTEM                     | Yes | No | Start Date | Medication for Condition |
| Positive AIDS test                |     |    |            |                          |
| HIV carrier                       |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |
| EYES                              | Yes | No | Start Date | Medication for Condition |
| Glaucoma                          |     |    |            |                          |
| Cataracts                         |     |    |            |                          |
| Diabetic retinopathy (stable or   |     |    |            |                          |
| unstable)                         |     |    |            |                          |
| Last Eye Exam                     |     |    |            |                          |
| Other:                            |     |    |            |                          |
|                                   |     |    |            |                          |

| HEMATOLOGIC                         | Yes | No | Start Date | Medication for Condition |
|-------------------------------------|-----|----|------------|--------------------------|
| Anemia                              |     |    |            |                          |
| Vitamin D deficiency                |     |    |            |                          |
| Vitamin C deficiency                |     |    |            |                          |
| Other:                              |     |    |            |                          |
|                                     |     |    |            |                          |
| CANCER                              |     |    |            |                          |
| (Note if benign or malignant; past  | Yes | No | Start Date | Medication for Condition |
| or present)                         |     |    |            |                          |
|                                     |     |    |            |                          |
|                                     |     |    |            |                          |
| GYNECOLOGIACAL                      | Yes | No | Start Date | Medication for Condition |
| (N/A for males)                     |     |    |            |                          |
| Previous pregnancy/pregnancies      |     |    |            |                          |
| Currently pregnant                  |     |    |            |                          |
| Currently in menopause              |     |    |            |                          |
| Post-menopausal                     |     |    |            |                          |
| Tubal ligation                      |     |    |            |                          |
| Partial hysterectomy                |     |    |            |                          |
| Total hysterectomy                  |     |    |            |                          |
| Are you of child bearing potential? |     |    |            |                          |
| If yes, method of birth control     |     |    |            |                          |
|                                     |     |    |            |                          |
| Other:                              |     |    |            |                          |
|                                     |     |    |            |                          |

Have you had a hypoglycemic event (blood glucose level at or below 70) with in the last 12 months?

Yes 🗌 No 🗌

Have you had a hypoglycemic event that resulted in hospitalization, seizures, or coma in the last 12 months?

Yes 🗌 No 🗌

If yes to either above question, please list below:

| Event Date | Symptoms | Outcome |
|------------|----------|---------|
|            |          |         |
|            |          |         |
|            |          |         |
|            |          |         |
|            |          |         |

| EXERCISE   |  |
|--|--|
| Do you exercise at all?                                |  |
| How often?   |  |
| What type of exercise?                                 |  |
|  |  |
| SMOKING HISTORY  |  |
| Do you presently smoke?                                |  |
| Have you ever smoked?                                  |  |
| If you smoke, or ever had smoked on average how ma     | ny cigarettes do/did you smoke per day?    |
| If you smoke have you ever tried to stop?              |  |
| Dates smoked:  |  |
|  |  |
|  |  |
|  |  |
| ALCOHOL USE  |  |
| Do you drink alcohol? Yes 🗌 No [                       |  |
| If yes, on average, how often do you drink alcohol?    |  |
| □ Never  |  |
| Monthly  |  |
| 🗌 Weekly   |  |
| Daily  |  |
| If yes, on average, how many drinks do you have at     |  |
| (1 drink= 1 shot of spirits, 1 glass                   | of wine, 1 beer)                           |
|  |  |
| 2-3  |  |
| 🗌 4 or more  |  |
|  |  |
| MISCELLANEOUS  |  |
| Have you ever used a continuous glucose monitor?       | Yes 🗌 No 🗌                                 |
| Have you been in a clinical trial in the last 30 days? | Yes 🗌 No 🗌                                 |
| If so, have you taken/are you taking any trial medic   | ation drug in the last 30 days? Yes 🗌 No 🗌 |
| When was your last dilated eye exam?//_                |  |
| Are you a night shift worker?                          | Yes 🗌 No 🗌                                 |
| Date completed by subject://                           |  |
| Signature of subject:                                  | _  |
| Reviewed by:   | Date:                                      |
| PI review:   | Date:                                      |



#### **Authorization to Release Healthcare Information**

| Last                  |        | First     | Middle initial |
|-----------------------|--------|-----------|----------------|
| Date of Birth:        |        |           |                |
| Address:              |        |           |                |
| City:                 | State: | Zip Code: |                |
| Primary phone number: |        |           |                |

I hereby authorize and request: \_

to release healthcare information of the patient named above to:

The Diabetes and Thyroid Center of Fort Worth, PLLC 7801 Oakmont Blvd. Ste. 101 Fort Worth, TX 76132 Research Group Phone # (817)779-4478 Fax # (817)779-4478

Records to include:

| All progress notes              |
|---------------------------------|
| 🗌 Lab results                   |
| 🗌 Radiology                     |
| Hospital records                |
| Admission and discharge reports |

I hereby authorize the Diabetes and Thyroid Center of Fort Worth to disclose my individually identifiable health information as described below, which may include information concerning communicable diseases such as Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS), mental illness, chemical or alcohol dependency, laboratory test results, medical history, treatment, or any other such related information. I understand this authorization is voluntary and I may refuse to sign this authorization. I further understand that my health care and the payment of my health care will not be affected if I do not sign this form.

I understand the if the recipient authorized to receive the information is not a covered entity, e.g. insurance company or non-health care provider, the released information may no longer be protected by federal and state privacy regulations.

I understand that this authorization will not expire until the end of participation in the research protocol. I further understand that I may revoke this authorization at any time by notifying this practice in writing at the address above. I also understand that the written revocation must be signed and dated with a date that is later than the date on this authorization.

| Subject signature: | Date: |
|--------------------|-------|
|                    |       |